



Printable Playing Cards

This is a second complementary document to *The Amazing World of Food* poster and its educational activity leaflet. Using the cards below will help you pursue food exploration and discovery with children!



Surprise cards!

Stick the cards showing the food origins (C cards) to the wall around the poster, then put the cards showing the items (A cards) and food (B cards) in an opaque bag. Invite the children to pull out a card that they can then clip to a rope hanging in the room. Ask each child to find, in the poster, the item or food that he or she has chosen. Discuss with the group where the food comes from.

VARIATION FOR OLDER KIDS

Begin the activity by hiding cards A and B throughout the room. Invite the children to search for them and clip the ones they find onto the rope. Then, ask them to identify the items and foods (A and B cards) in the poster, plus their origins (C cards on the wall).

VARIATION TO INTEGRATE PHYSICAL ACTIVITY

When the children find a card showing an animal, ask them to move like that animal and mimic its noises.



Print and cut out the attached playing cards to complete the activities listed on the poster or any other foodie fun you choose!

A CARDS

Items from *The Amazing World of Food* poster

B CARDS

Foods that form the items on the A cards

C CARDS

Origins of the foods shown on the B cards

Happy and delicious discovering!



teachnutrition.ca

(A)

Dragonfly



teachnutrition.ca

(B)

Carrots



teachnutrition.ca

(C)

Carrot plants



teachnutrition.ca

(A)

Beach



teachnutrition.ca

(B)

Kidney beans



teachnutrition.ca

(C)

Bean pods



teachnutrition.ca

(A)

Mud



teachnutrition.ca

(B)

Hummus



teachnutrition.ca

(C)

Chickpea pods



teachnutrition.ca

A

Cloud



teachnutrition.ca

B

Cauliflower



teachnutrition.ca

C

Cauliflower field



teachnutrition.ca

A

Beaver



teachnutrition.ca

B

Kiwis



teachnutrition.ca

C

Kiwi shrub (Actinidia)



teachnutrition.ca

A

Squirrel



teachnutrition.ca

B

Beets



teachnutrition.ca

C

Beet plants



teachnutrition.ca

(A)

Football



teachnutrition.ca

(B)

Almonds



teachnutrition.ca

(C)

Almond tree



teachnutrition.ca

(A)

Rabbit



teachnutrition.ca

(B)

Brussels sprouts



teachnutrition.ca

(C)

Brussels sprout plant



teachnutrition.ca

(A)

Pig



teachnutrition.ca

(B)

Apple



teachnutrition.ca

(C)

Apple tree



teachnutrition.ca

(A)

Butterfly



teachnutrition.ca

(B)

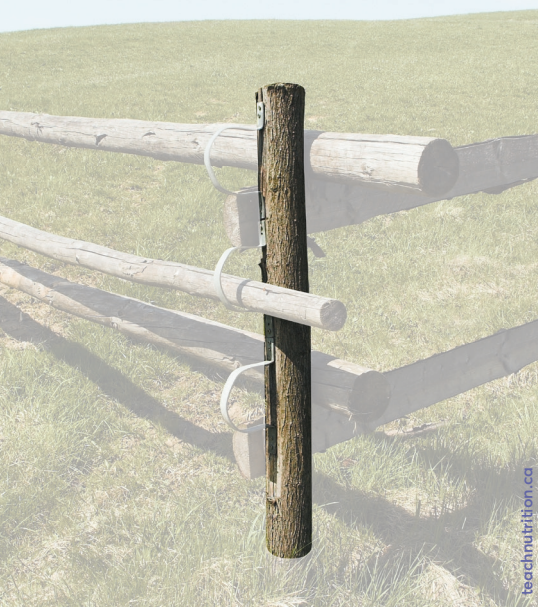
Beef (steak)



teachnutrition.ca

(C)

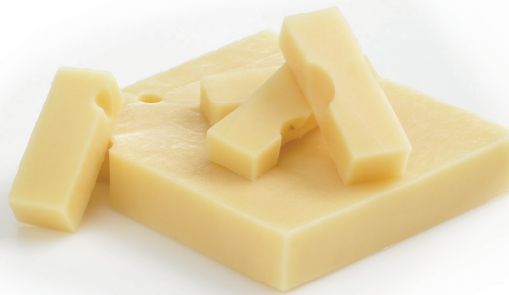
Bull



teachnutrition.ca

(A)

Fence post



teachnutrition.ca

(B)

Cheese



teachnutrition.ca

(C)

Cheese making



teachnutrition.ca

(A)

Mountain



teachnutrition.ca

(B)

Dark rye bread
(pumpernickel)



teachnutrition.ca

(C)

Rye flour