



Exploring Our Food System

- A VIDEO SERIES -

ANTIBIOTICS AND GROWTH HORMONES

## Pre-video

Q1: What comes to mind when you think of antibiotics? Hormones?

Q2: Why do you think antibiotics are used in food production? What about growth hormones?

## Post-video

Q3: What are some of the safeguards in place to ensure that food products are free from antibiotics and safe for human consumption? Include actions to prevent animals from getting sick and actions taken if antibiotics are needed.

Teach Nutrition <sup>™</sup>

By Dairy Farmers of Canada's Registered Dietitians

Q4: What i	is	antimicrobial	resistance?	How	can	we
prevent it?						

Q5: In Canada, are growth hormones used in dairy farming?

Q6: Why are labels that say "hormone-free" misleading?

## **Additional Resources**

- Antibiotic Resistance snapAg
- Antibiotics: What and Why snapAg
- Antibiotics in Food snapAg
- Hormones snapAg

